

**Complete  
guide  
to  
cosmetic  
surgery**

*Choosing a plastic surgeon, researching the right procedure and finding out exactly what is involved has finally been demystified for the general public by the launch of a complete, no-frills guide to cosmetic surgery.*

*The book, written by leading consultant plastic surgeon Norman Waterhouse, is titled 'Cosmetic*

*Surgery - The Facts', and provides a complete overview of the range of cosmetic surgical procedures available, and even gives advice on researching practitioner credentials. Published by one of the world's most renowned medical publishers Oxford University Press, the book is one of more than 40 guides providing key information for those seeking advice on common medical conditions and related hot-topics. Norman Waterhouse, past President of the British Association of Aesthetic Plastic Surgeons (BAAPS), is accredited with publishing over forty papers in the medical literature. He was the first-ever Specialist Tutor at the Royal College of Surgeons, and until recently was Head of the Craniofacial Unit at Chelsea and Westminster Hospital. He is known for developing the eponymous 'Waterhouse Facelift' - a refinement which ends the 'wind-tunnel look' of traditional facelift techniques. 'Cosmetic Surgery - The Facts' has dedicated chapters devoted to specific cosmetic surgical and non-surgical procedures including facelifting, breast surgery, eyelid and chin lifts, liposuction, abdominoplasty (also known as 'tummy tucks'), lasers/peels, Botox and fillers.*